

# Instructions

## *Hand-made bookmarks*

### Heart Bookmark



Material Used	Article Number	Quantity
Cotton cellulose 500 g	480644	1
Cotton cellulose 5000 g	409033	alternatively
Casting - gelatin 95 g	492986	1
Casting - gelatin 225 g	492997	alternatively
Kaolin 600 g	493007	1
Kaolin 1250 g	493177	alternatively
Universal - colour set, 6 colours each 25 ml in white, yellow, red, green, purple and blue, set of 6	455779	1
Rose Petals/Potpourri, 50 g	936318	1
Lavender Petals/Potpourri, 50 g	936307	1
Ready - scoop frame, plastic covering, robust design, waterproof, 2-part, DIN A5	476517	1
Ready - scoop frame, plastic covering, robust design, waterproof, 2-part, A4	476975	alternatively
Cookie Cutters Set - Heart, plastic, in 5 sizes, approx. 50 x 50 x 40 mm to 100 x 100 x 40 mm, set of 5	513929	1
Decorative stitching tape, with selvage, approx. 2 mx 10 mm, lilac	809235	1
Decorative stitching tape, with selvage, approx. 2 mm 10 mm, grey	809246	1
Decorative organza ribbon, with wire edge, approx. 5 mx 25 mm, white	809431	1
UHU Crafting Glue 90 g	300100	1
<b>Recommended Tools</b>		
Measuring Cup - Set, capacity: 1 litre, 500 ml and 250 ml, milky transparent, set of 3	729399	1
Mixing cup, plastic, transparent, approx. 1000 ml, ø approx. 125 x ø approx. 95 mm, approx. 130 mm high, 12 pieces	478427	1
Stencil stamp, with wooden handle, approx. Ø 15/20/30/45 mm, set of 4	494232	1
Paper making felt, approx. 250 x 340 x3 mm	520179	1
Gautschfelt, approx. 240 x 180 x 3 mm	520180	alternatively
Gautschfelt, approx. 500 x 400 x 2 mm	476492	alternatively
Spunbond / diaper fleece, approx. 1.60 x 1.00 m, thickness approx. 40 g / sqm	520582	1
STEINEL® Glue Gun Gluematic 3002	319101	1
Glue Sticks, approx. ø 11 x 200 mm, 25 pieces	301139	1
<b>Tools Required</b>		
Pad, scissors, kitchen scale, container for paper-making, whisk or stick, mixing cup, spatula, stencil brush, scoop frame, saucer or tray, heart cookie cutter, rubber sheet, spunbond, wooden roll, glue (or hot glue gun with glue sticks)		



Basic recipe for paper-making:  
about 70% cellulose (sorted or mixed), about 20% kaolin and  
about 10% gelatin.



2

Mix Cellulose to a pulp with water. If necessary add strength gelatin and kaolin for density, smoothness and shine. Add as much water to ensure you can scoop easily. Leave overnight.



3

Remove the pulp mixture from the water with a spoon or with your hand. Place the pulp in four containers.



4

Add the desired colours to the containers and mix with a spatula. Add dried lavender and rose petals to give texture and colour.



5

Place the frame on a dish or cloth to catch the the water. Place the heart cookie cutters in the frame. Add the pulp to the heart shaped frames in different colours.



6

Press water from the cellulose fiber with a wooden dabber or the back of a small spoon.





7 Remove heart cookie cutter.



8 Place on a damp cloth and spunbond sheet.  
Put the frame on the cloth.  
Place spun fleece on the created hearts in the frame.



9 Place the frame with the spunbonded fabric on the cloth.



10 Take frame from the paper hearts.



11 If desired, cover paper hearts with another spunbonded fabric.





Carefully roll the water out of the paper hearts with a rolling pin.  
Attention that the shape does not change.  
Air dry paper hearts.  
Cut off decorative ribbons to the desired length.  
Fix dried paper hearts on the tapes with the hot glue gun.

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## Heart book decoration



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Universal - color set, 6 colors each 25 ml in white, yellow, red, green, violet and blue, Set of 6	455779	1
Rose Petals/Potpourri, 50 g	936318	1
Lavender Petals/Potpourri, 50 g	936307	1
Ready - scoop frame, plastic covering, robust design, waterproof, 2 parts, DIN A5	476517	1
Ready - scoop frame, plastic covering, robust design, waterproof, 2 parts, DIN A4	476975	alternatively
Cutter Set - Hearts, plastic, in 5 different sizes, approx. 50 x 50 x 40 mm - 100 x 100 x 40 mm, set of 5	513929	1
Decorative stitching tape, with selvage, approx. 2 mx 10 mm, lilac	809235	1
Taffeta ribbon, with selvedge, dimensions: approx. 10 mx 10 mm, white	486703	1
Decorative organza ribbon, with wire edge, approx. 5 mx 25 mm, white	809431	1
Paper-Art Album square, 90 gsm paper white, about 60 sheets, with heart punched approx. 100 x 100 mm, cover natural brown, approx. 200 x 200 mm	444868	1
Paper-Art Album, 190 gsm, cream white, natural brown, with spiral binding, acid-free, 30 sheets	553086	1
UHU Crafting Glue 90 g	300100	1
<b>Recommended Tools</b>		
Measuring Cup - Set, capacity: 1 litre, 500 ml and 250 ml, milky transparent, set of 3	729399	1
Mixing cup, plastic, transparent, approx. 1000 ml, ø approx. 125 x ø approx. 95 mm, approx. 130 mm high, 12 pieces	478427	1
Stencil stamp, with wooden handle, approx. Ø 15/20/30/45 mm, set of 4	494232	1
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<b>Tools Required</b>		
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## Instructions

The guide to the bookmarks can be transferred to the book decoration.  
The rectangular paper surface is obtained by not using the heart cookie cutter.  
The pulp gives directly into the frame. The water is pressed out with the stencil stamp.  
Then the paper turns on a spunbonded fabric. If desired, by rolling with the kitchen roll something squeezes out. Now let the paper dry.  
Instead of the tapes, the paper accessories are attached to the books.

*Have fun creating!*  
*Your Opitec Creative Team!*